

ALEXANDRA RETREAT & EVENTS CENTRE

unexpected inspiration



BREAKFAST \$12.50/Adult \$10.50/Child
Includes assorted cold cereals, yogurt, fresh fruit platter and juice (orange or apple)

French Toast or Pancakes
Served with syrup and sausage

Scrambled Eggs
Served with toast and sausage

Frittata (baked omelet)
Served with toast and sausage

Substitutue bacon add \$1/person.

LUNCH \$15.50/Adult \$13.50/Child
Includes dessert - chef's choice

Assorted Sandwiches
A selection of deli meat, vegetarian, egg salad or salmon. Grilled options available. Served on buns/bread with soup or salad.

3 Bean Chili (meat or vegetarian), with home-made corn-bread and greens

Chicken Salad Wrap
Organic greens, roasted chicken, celery, dijon mustard, mayo. Served with soup.

Quesadillas
Chicken, cheese, salsa, sour cream. Served with soup or salad.

DINNER \$20.50/Adult \$16.50/Child
Includes salad and dessert - chef's choice.

Teriyaki or Mediterranean Baked Chicken
Served with rice or potatoes, seasonal vegetables and rolls

Lasagna
Meat or vegetarian served with seasonal vegetables and garlic bread

Light Butter chicken served with basmati rice, naan bread and seasonal vegetables

Meatloaf with mashed potatoes and seasonal vegetables

Salmon Dinner *(Please add \$2/Person)*
Herb baked with rice, seasonal vegetables and rolls

- The group organizer must choose **ONE** menu selection for the group
- All meals are served buffet style.
- Coffee, water and herbal and black teas are served at all meals. Decaf coffee is served only upon request.

*Adults ages 13 +, children ages 4 to 12, under age 4, free



APPETIZERS *Minimum 15 people*

Guests may choose any number of appetizers (additional per person charge)

Fresh veggie tray with dips \$5/Person

Cheese and fruit platter \$6/Person

Assorted cheeses and fruits with wheat or rice crackers

Other options are available. Arrange with caterers.

SOUPS, SALADS

Soups - Lunch Only *(Add \$2 for extra soup choice)*

- Roasted red pepper (dairy free)
- Chicken noodle
- Lentil
- Moroccan Carrot
- Thai Vegetable Soup (can add chicken) made with Coconut Milk

Fresh Salads *(Add \$2 for extra salad choice)*

- Organic mixed greens
- Caesar Salad
- Spinach salad with fruit dressing

COFFEE BREAKS & SNACKS \$6.50/Adult \$5/Child

- Freshly brewed coffee, assortment of teas, juices and hot chocolate;
- home-baked savory or fruit scones
- Choose from assorted muffins, variety of baked cookies, home-baked squares or banana bread

CAMPER'S ALTERNATIVE MENU

Lunch & Dinner served with home baked cookies, coffee, tea

BREAKFAST \$9.50/Adult \$7.50/Child

Continental - fruit bowl, dry cereals, yogurt, muffins, toast, coffee, tea

LUNCH \$12.50/Adult \$10.50/Child

- Grilled Cheese with Tomato Soup
- Soup n Salad with roll
- Pizza (chef's choice) with greens

DINNER \$16.50/Adult \$14.50/Child

- Spaghetti with meatballs, caesar salad and garlic toast
- Shepherd's pie, greens and rolls
- Pulled Pork Bun with oven fries and coleslaw

