

What We Do

We work from a strength-based perspective to support **youth** in areas including:

- **Housing**
- **Employment**
- **Education**
- **Life skills**
- **Mental health**
- **Substance use**
- **Family & peer relationships**
- **Financial resources**
- **Transition to adulthood**
- **Strengths and interests**
- **Volunteer opportunities**
- **Recreation**
- **Connecting to resources and more...**

We also support **parents** to improve their relationship with their youth/teen:

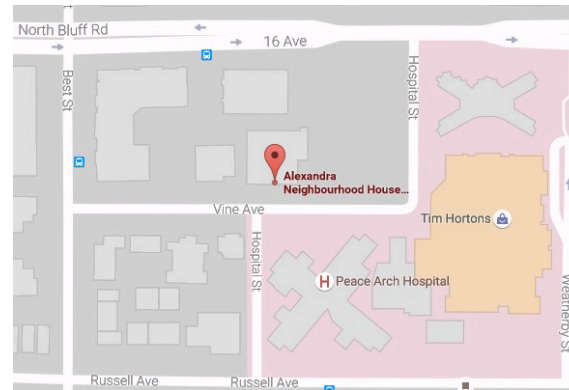
- **Individualized parenting support**
- **Parenting groups and workshops**

Contact

RECONNECT Youth Services
is located at

**Alexandra
Neighbourhood House
Youth and Family Centre**

**#1 - 15455 Vine Ave
White Rock, BC V4B 2T3**
(Near Peace Arch Hospital
Emergency Entrance)



Phone: 604-538-5060 ext. 23
Email: reconnect@alexhouse.net
Fax: 604-531-3873

www.alexhouse.net



Youth Services



alexandra
NEIGHBOURHOOD HOUSE

**Youth and Family
Centre**


About

Youth and Family Workers engage with youth ages 13-21 years to provide support, explore options and work towards their goals.

We also support parents looking to improve the relationship with their teen 13-18 years.

For families with children 0-12 years we also provide support in our *Services to Strengthen Families Program*



 Connect with us on Facebook at **Reconnect Youth Services at Alexandra Neighbourhood House**

 Instagram: **@youthservices.alexhouse**

Reconnect Youth Services is a program of **Alexandra Neighbourhood House**, whose mission is to build a vibrant, inclusive, caring society by strengthening individual, family and neighbourhood life through opportunities for people to gather, grow, and build a spirit of community together.

Alexandra Neighbourhood House has been in the South Surrey/White Rock community since 1894.

Services

One-to-One Youth Support

Youth Workers provide support for youth to reach their individual goals.

Outreach

Youth Workers connect with youth on the street, in schools and the community. They form positive connections, provide information, harm reduction, referrals, practical support and more.

Youth Agreements & Transition to Adulthood

Youth in and from care, on a Youth Agreement or transitioning to adulthood can obtain a range of support.

Youth Space

A safe, sober & inclusive space for youth to create, connect & innovate. Activities and groups for ages 13+ & ages 10-12. www.theyouthspace.com

Parent Support

Approaches to strengthen parent-teen relationships, increase knowledge and community connections. 1-1 support and groups may be available.

Resources & Referrals

Available for a wide range of topics.

Vine Youth Clinic

Free & confidential health care for youth aged 12-21. www.vineyouthclinic.com

FAQs

Who are services for?

Youth who reside in South Surrey/White Rock.

Parents and guardians of youth in South Surrey/White Rock.

Service is voluntary.

What does it cost?

These services are free.

Who can make a referral?

Youth and families can self-refer.

Community referrals, including school staff, social workers, counsellors, RCMP, other service providers and family members are also welcome.

Priority is given to MCFD referrals.

When are you open?

Monday to Friday, except holidays, with flexible hours, all year round.

Services available in person and virtually, as applicable.

How do I make a referral?

Call: 604-538-5060 ext. 23

Email: reconnect@alexhouse.net