

# What We Do

We work from a strength-based perspective to support **youth** to reach goals in areas including:

- **Housing**
- **Employment**
- **Education**
- **Volunteer and recreation**
- **Life skills**
- **Mental Health**
- **Alcohol and drug issues**
- **Conflict with parents**
- **Peer connections**
- **Financial assistance**
- **Transition to adulthood**
- **Strengths and interests**
- **And more...**

We also support **parents** to improve their relationship with their youth/teen:

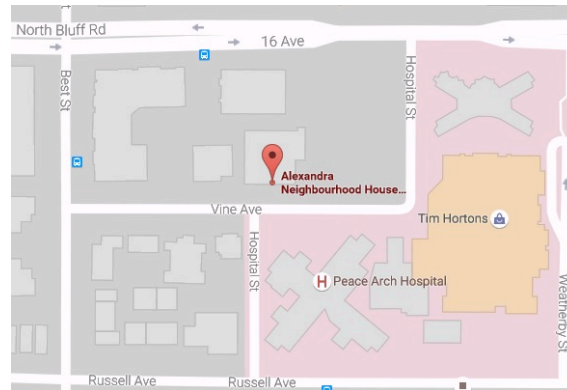
- **Individualized parenting support**
- **Parenting groups and workshops**

# Contact

**RECONNECT Youth Services**  
is located at

**Alexandra  
Neighbourhood House  
Youth and Family Centre**

**15455 Vine Ave  
White Rock, BC V4B 2T3**  
(Near Peace Arch Hospital  
Emergency Entrance)



**Phone: 604-538-5060 ext. 28**

**Fax: 604-531-3873**

[www.alexhouse.net](http://www.alexhouse.net)

[info@alexhouse.net](mailto:info@alexhouse.net)



## Youth Services



**alexandra**  
NEIGHBOURHOOD HOUSE

## Youth and Family Centre




# About

Youth and Family Workers support youth ages 13-21 years to explore options, make positive changes and reach their goals.

We also support parents looking to improve the relationship with their teen 13-18 years.

For families with children 0-12 years we also provide support in our *Services to Strengthen Families Program*



 Connect with us on FB at **Reconnect Youth Services at Alexandra Neighbourhood House**

**Reconnect Youth Services** is a program of **Alexandra Neighbourhood House**, whose mission is to build a vibrant, inclusive, caring society by strengthening individual, family and neighbourhood life through opportunities for people to gather, grow, and build a spirit of community together.

Alexandra Neighbourhood House has been in the South Surrey/White Rock community since 1894.

# Services

## One-to-One Youth Support

Youth Workers support youth to reach their individual goals.

## Street and Community Outreach

Youth Workers connect with youth on the street, in schools and the community. We form positive connections, provide information, harm reduction, referrals, practical support and more.

## Youth in Transition to Adulthood

Youth transitioning to adulthood can obtain a range of support.

## Groups and Workshops for Youth

Social, recreational and life skills workshops.

## Parent Support

Parents explore approaches to strengthen parent-teen relationships, increase knowledge and community connections. Individual support and groups available.

## Resources & Referrals

Available on a wide range of topics.

## Vine Youth Clinic (VYC)

Drop-in medical health clinic providing support for ages 12-21. Doctor, nurse and youth worker are available Mondays 3:30-6:30pm.

VYC is a partnership with Fraser Health and MCFD. Contact VYC directly at 604-542-3926

# FAQs

## Who can get services?

Youth ages 13-21 years who live in South Surrey/White Rock.

Parents or guardians of youth ages 13-18 years in South Surrey/White Rock.

Service is voluntary.

## What does it cost? FREE

## Who can make a referral?

Youth or parents can self-refer. Also school staff, social workers, counselors, family members and others.

## When are we open?

Monday to Friday, except holidays, with flexible hours.

## How do I make a referral?

**Call  
for information  
or make a referral**

**604-538-5060 ext. 28**